Workplace Civility

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In Our Culture Incivility is a growing concern.



Wicked: A woman reached out to snatch away a foul ball that an Arizona player tossed to a little girl last week and it was caught on camera











How do we ensure that the workplace remains a place where respect and civility remain?





Explore

Explore perceptions of incivility and understand its impact on performance



Discuss

Discuss 3 steps to creating and sustaining civility in the workplace



Identify

Identify various root causes of workplace incivility



Review

Review tools and methods to support workplace civility and address challenges



Select

Select one way you can cultivate a positive, productive work environment

Learning Objectives







Incivility

"The exchange of seemingly inconsequential inconsiderate words and deeds that violate conventional norms of workplace conduct."

more mild, rude, passive aggressive, subtle



What are some examples of incivility in the workplace that you witness?

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Incivility in the Workplace

- > Taking credit for others' efforts
- Passing blame
- Freezing someone out
- Gossip / Bad-mouthing
- Not listening
- Dismissive
- Withholding information
- Demeaning
- Freezing someone out / Ignoring
- > Avoiding someone



What do you think leads to or contributes to incivility in the workplace?



Top Poll Answers: *What has contributed to increased incivility in our culture ?*

Social Media / Internet

Politics

- News Media
- > Younger Generations



Contributors in the Workplace

Stress

- Lacking or unclear expectations
- > Poor examples
- > Lack of or inconsistent accountability
- Praise or unspoken valuing of behaviors
- Misunderstandings



What is the impact?



Potential Impacts

> 78% become less committed

> 66% suffer a decline in performance

> 47% spend less time at work

> 25% take frustrations out on customers

Source: "The Cost of Bad Behavior", Porath, Pearson



Most incidents go unaddressed. Why?

» employees don't report them

» fear of repercussions

» 60% of the time it flows top down



Three Steps to Build Workplace Civility

- 1. Set the Standard
- 2. Teach and Model
- 3. Hold Accountable





Build on company values



Step 1: Set Standards



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Senior Leader Involvement

Build Accountability in Upfront



Leverage Service Initiatives

External Customers Internal Customers Standards: Define 3 key behaviors that demonstrate "Professionalism"

Professionalism: Conducts oneself in a courteous, friendly, respectful manner at all times. **Behaviors:**

"Professionalism"

Professionalism: As experts in our field, we conduct ourselves in a courteous, friendly, respectful manner at all times with all people.

Behaviors:

- Always greet and acknowledge others
- We give each other our complete attention (phones out of site).
- Openly listen to and consider others' ideas
- Treat internal partners as we do external customers

"Productive Conflict Resolution"

Professionalism: Engages in productive conflict resolution.

Behaviors:

- Address disagreements directly and timely
- Share thoughts and ideas openly
- Intent on finding best possible outcome for all
- Communicate with respect even when we disagree



Step 2: Teach & Model



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A Word on Generational Differences • Traditionalists: Born Through 1945

- Baby Boomers: 1946 1964
- Generation X: 1965 1980
- Millennials (Gen Y): 1981 1995

• Generation Z: 1996 -



The Workforce in 2025

Projected size of U.S. labor force (in millions) by age, for the year 2025



The Numbers



Contrast & Compare

<u>Gen Y</u> Raised by Boomers Optimist Collaborative **Team Focus** Written/Text Comm Open / Sharing Tech Dependent Embrace Diversity Values Contributions

Realist Technology Multi-Task Innovative Informal Values Compensation

Gen Z

Raised by Gen X

Competitive Independent Face-to-Face Comm More Private Tech Native Most Diverse



Most Importantly: Give them a script! Teach how to handle incivility:

- What to say and do
- Give options
- Provide the words
- Identify resources and support
- Make it public

"This is how we resolve conflict and disagreement."





The "I-You-We" Approach to Conflict Management "This is how we resolve conflict and disagreement."

Listen, I need your help. It's about the meeting this morning.

I'd like to tell you what I think, and then get your perspective, so that we can work together to come up with a solution.



Be willing to take a stand

Address shortfalls in real-time

Step 3: Hold Accountable

• Make it visible, respectfully

...

Build expectations or standards into Performance Management

Give managers the language/scripts they need

Make it comfortable to call each other on it



Be willing to take a stand

Address shortfalls in real-time

Step 3: Hold *Everyone* Accountable

• Make it visible, respectfully

•••

Build expectations or standards into Performance Management

Give managers the language/scripts they need

Make it comfortable to call each other on it



Discussion Question

How do you hold everyone accountable, specifically senior leaders or people who hold "sensitive" positions?



Root Cause Checklist



Tools and Methods

Promote	Promote company values and positive work environment
Reward and recognize	Reward and recognize positive examples of conflict and resolution
Embed	Embed performance into performance management, coaching programs, meeting structure
Utilize	Utilize development programs: self-awareness, diversity and inclusion, skill development



Sample Tool: "Handling Difficult Conversations in a Positive Way"

1) Listen

- 2) Be constructive
- 3) Preserve the relationship
- 4) Be respectful
- 6) Explore possibilities and
 - alternatives together







TRACK to Success



The Feedback Model

1. What went well?

- 2. What didn't?
- 3. What would you do differently?



One of the Greatest Tools

Emotional Intelligence

"The capacity for recognizing our own feelings and those of others, for motivating ourselves, for managing emotions well in ourselves and in our relationships." - Daniel Goleman



We are wired to experience emotions first.





Know Yourself: - what makes you tick? - what are your triggers? - what are your reactions

Past Experiences **Bias** Hunch Prejudice Culture perception Personality Values



Anyone can be angry – that is easy. But to be angry with the right person, to the right degree, at the right time, for the right purpose, and in the right way – this is not easy.

Aristotle, The Nicomachean Ethics

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Emotions

- 1. Everyone has the same emotions; how we express them is different
- 2. Emotions impact performance and behavior; whether you acknowledge them or not
- 3. Emotions are neither good or bad; it is the actions we take because of them



Know



Know Yourself



Don't make a permanent decision for your temporary emotion.



Six Seconds Model

Emotional Intelligence

Know Yourself

(Awareness)

Increasing self-awareness and recognizing patterns and feelings, lets you understand what makes you tick and is the first step towards growth

Choose Yourself

(Intentionality)

Building self-management and self-direction allows you to consciously choose your thoughts, feelings, and actions (vs. reacting unconsciously).

Give Yourself

(Purpose)

Aligning your daily choices with your larger sense of purpose unlocks your full power and potential. It comes from using empathy and principled decision making to increase wisdom.

www.6seconds.org

Recap

- Causes
- Impact
- Set Standards
- Teach & Model
- Hold Everyone Accountable
- Value Diversity
- Provide Scripts
- Root Cause
- Tools
- Develop Emotional Intelligence

What is one thing you can do to promote civility in the workplace?

- Causes
- Impact
- Set Standards
- Teach & Model
- Hold Everyone Accountable
- Value Diversity
- Provide Scripts
- Root Cause
- Tools
- Develop Emotional Intelligence



ThankYou!

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